

FOR MUNCHKIN REGISTRATION ONLY

Baby's Health Diary

My Name: _____
 Medical Record No.: M056465688
 Date of Birth: 10/7/2019
 Time of Birth: 12:55
 Mode of Birth: VN = EPIDURAL VE
 My Gender: BOY
 My Weight: 2490 gms
 My Head Circumference: 32 cm
 My Total Length: 49 cm
 My Apgar Score: 9/9
 My Doctor: DR KAMARUDIN
 My Mummy's Doctor: DR. KAMARUDIN YAH YAH
 My Mummy's Name: NOOR HAZWATI 15012614/C No: 10016-06-5836
 My Daddy's Name: ABDUL KADIR 15012614/C No: 10016-06-5836
 Circumcision Date: 11/8
 MY BIRTH SCREENING TEST 10/7/19
 Blood Group: O Rh factor: positive
 G6PD: Normal / Deficient / Intermediate
 TSH: 10.71 IU/ml (0.68-28.60 IU/ml)
 Others: TgE 1.6 KU/L

Your Baby's Development

Milestone	Age	Range
1. Smile (involuntarily)		1-2 months
2. Lift head briefly		2-3 months
3. Turn over		4-6 months
4. Reach for objects		4-5 months
5. Sit unsupported		7-9 months
6. First tooth		6-12 months
7. Crawl		8-10 months
8. Stand unsupported		10-14 months
9. Wave bye-bye, clap		8-15 months
10. Walk unsupported		9-18 months
11. Single words (papa, mama)		9-15 months
12. Phrases		15-30 months

Recommended Immunisation Schedule

Recommended age of baby	Diseases	Vaccine	Dose	Date Due	Date Given	Signature
At birth	Tuberculosis (T.B)	BCG	1st			
	Hepatitis B	Hepatitis B	1st			
1 month		Hepatitis B	2nd			
2 months	Diphtheria, Pertussis (Whooping Cough), Tetanus	Triple Antigen	1st			
	Poliomyelitis (polio)	IPV	1st			
	Meningitis (HIB)	HIB				
	Rotavirus	Rotavirus				
	Pneumococcal	Pneumococcal				
3 months	Diphtheria, Pertussis (Whooping Cough), Tetanus	Triple Antigen	2nd			
	Poliomyelitis (polio)	IPV	2nd			
	Meningitis (HIB)	HIB				
	Rotavirus	Rotavirus				
	Pneumococcal	Pneumococcal				
4 - 5 months	Diphtheria, Pertussis (Whooping Cough), Tetanus	Triple Antigen	3rd			
	Poliomyelitis (polio)	IPV	3rd			
	Meningitis (HIB)	HIB				
	Rotavirus	Rotavirus				
	Pneumococcal	Pneumococcal				
6 months	Hepatitis B	Hepatitis B	3rd			
9 months	Measles, Mumps, Rubella	MMR				
12 months	Measles, Mumps, Rubella	MMR				
1 year and above	Chicken Pox (Varicella)	Varicella				